OUR MISSION
The Appalachian Mountain Club is the nation’s oldest outdoor recreation and conservation organization, and promotes the protection, enjoyment, and understanding of the mountains, forests, waters and trails of the Appalachian region. AMC has more than 100,000 members, 16,000 volunteers, 450 full-time and seasonal staff. The New Hampshire Chapter is the second largest of the 12 Chapters within the Club.

2018 Winter School
Jan 19-21 and/or Feb 23-25
AMC NH Chapter Winter School: Hiking, Skiing and Leadership Workshops

Remembering Allee Burt
JANIS STOKES

2018 Winter School
Jan 19-21 and/or Feb 23-25
AMC NH Chapter Winter School: Hiking, Skiing and Leadership Workshops

Winter does not mean you have to hang up your backpack until spring. Learn how to explore the N.H. wilds this winter safely and with confidence.

This winter, the N.H. Chapter will again sponsor two training workshops at the Cardigan Lodge in Alexandria, N.H. and include some courses through the Cardigan Mountain Ski School, which is now an official Professional Ski Instructors of America (PSIA) school. Most of our ski instructors hold PSIA certifications, and official PSIA events can be hosted through the school.

These winter workshops are designed to teach students what you need to know for safe travel in the winter mountains: What to wear, what to take, how to use it, how to get there, how to get pack and how to plan for the unplanned. Both workshops will offer the same curriculum, except as noted below. All sections include extensive time outdoors.

The N.H. Chapter Annual Winter Workshop 1, will be held on Friday, January 19 to Sunday, January 21, 2018. This program will be repeated as Winter Workshop 2, held on Friday, February 23 to Sunday, February 25, 2018.

A variety of instructional groups are offered that cover most every aspect of winter backcountry travel and safety. The weekend is filled with instruction, field exercises, lectures and group discussions. Your time will be divided between

Remembering Allee Burt

A man in shorts on Little Haystack carrying a pack that was more the size of a purse than a backpack asked me how long it would take to hike to Lafayette.

“Let me check with Allee,” I replied. “She’ll be able to give you all the information you need. Allee was our “Go-to-Goat.” Allee gave the fellow a look over and provided him with hiking times along with concern about his group’s lack of gear and the limited daylight remaining.

Allee knew everything a person could know about the White Mountains.
On the trail, Allee christened our little group the She-Goats. She brought our Herd together in 2008, following our participation in Bob Humphrey’s Winter Hiking Series. “Wow!” I thought, “I am a She-Goat! How cool is that?”

I wear the label proudly. Several more goats
Notes from the Chair

Hiking in a Snow Storm

FRANK MILLER

It was snowing, and I needed to get out for some air. Most of my family scoffed, “It’s snowing, and you want to hike?”

There is something about hiking when it is snowing that helps me feel at peace. All I heard was the sound of my footsteps and the snow hitting my jacket. As I stood and listened, I heard some birds singing.

They did not care if it snowed or not. Like me, perhaps they were just enjoying the moment. I, if you’re looking to get outside this winter, we have plenty of leaders who are willing to have you join them and many others like you. And if you feel the need to stop and just listen to the sound of the snow falling, please do so.

I hope you also get to hike, ski, walk…just spend time outside and find the peace we all need.

Advertise Here to Reach 10,000 Environmentally Active Outdoor Enthusiasts

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For questions, or to submit ad: Advertise@amc-nh.org
Please send ads as color PDF or jpeg high-resolution files, at correct size. Ads will appear in color in on-line version and black and white in print version.

Mail check for advertising to: Appalachian Mountain Club
c/o Ron Janowitz, 88 W Haven Rd., Manchester, NH 03104

FRANK MILLER

Frank Miller
Director of Membership & Development
The Appalachian Mountain Club
215 Pine Street, Northampton, MA 01060
frank@amc.org

Alle Burt passed away on May 5, 2017. A memorial ran in the July/August 2017 issue of AMC’s Outdoors magazine.
Intro to Light Backcountry Skiing

Wednesdays, 6:30pm
XC skis with scales or wax
Erik, Sofia and Valerio

Mondays, 6:30pm
Telemark and AT skis with skins
Simon, Casey, Nik and Valerio

Storrs Hill, Lebanon, NH
6 Classes, 6:30pm
Starts January 15th, 2018

For more information and to sign up, email: valerio.viti@gmail.com, https://goo.gl/J1DK9N
your individual class and activities during the entire workshop. Choose from one of the following classes. If you are not sure which class is right for you, give one of the Workshop Directors a call.

If you are looking at a skiing class, check out the Ski Committee recommendations at this link to be sure you pick the right class for you and to answer some of your questions http://amc-nh.org/committee/ski/winter-school-faq.php

Once you have found a class, just go to this link to sign up http://amcnh.registration.qilan.com

A. Introduction to Winter Wilderness Travel
Instruction in general mountain safety, clothing and equipment, nutrition, risk management and trip planning. Instruction includes an introduction to snowshoeing as well as map and compass. This workshop section is intended for individuals with limited experience in the New England outdoors who would like to start winter activities safely. Anticipate hiking as much as three miles at a slow pace with occasional uphill grades.

B. Intermediate Snowshoeing
Instruction in snowshoeing, route finding (map and compass) as well as general mountain safety, clothing and equipment, nutrition, risk management and trip planning. This workshop section is intended for individuals with extensive three-season experience in the New England outdoors, but limited winter experience, who would like to get into more winter activities safely. Anticipate hiking/snowshoeing up to five miles at a moderate/slow pace with sustained uphill grades.

E. Advanced Winter Wilderness Travel
Instruction offered in winter travel on steep terrain and above treeline. Subjects covered include snowshoeing on mountain terrain, use of crampons, dressing for extreme weather conditions, off-trail navigation and risk management. Intended for individuals with winter experience in the outdoors interested in climbing New England mountains safely. Anticipate hiking six or more miles at moderate/fast pace, steep terrain and significant exposure to wind.

H. Leadership and Mountain Skills
This section is for those who have mastered the basics of winter hiking. Exercises in planning, organizing and executing a trip with emphasis on leadership techniques and group dynamics. A review of the basics, accident scene management, medical considerations and off-trail navigation. This section is also for people with potential and desire to become trip leaders for the N.H. Chapter Excursions Committee. PREREQUISITE: proficiency on snowshoes.

I. Beginner Winter Backpacking
(Winter School 1 only)
For those who have mastered the basics of three-season backpacking skills. Instruction will cover as many of these topics as possible: General winter mountain safety, snowshoeing, equipment, proper camp site selection, how to erect a tent in winter, how and what to cook, trail finding, map and compass, off-trail navigation, weather, trip planning, nutrition and emergency situations.

WARNING: All participants must have proper winter clothing, a winter sleeping bag that has a rating of 20 below zero or lower, a winter foam pad and a winter backpacking tent. Tents will be provided if needed. This group will participate in indoor lectures and evening programs, sleeping outside Friday and Saturday night, as well as prepare one meal outdoors.

J. Intermediate Winter Backpacking
(Winter School 2 only)
For those who have mastered the basics of three-season backpacking skills. Instruction will cover as many of these topics as possible: general winter mountain safety, snowshoeing, equipment, proper camp site selection.

2018 Winter School, From Page 1

Looking Back, Looking Forward and Call for More Bike Leaders.

DORIA HARRIS

This Fall, our AMC NH Bike Committee Leaders reviewed our 2017 biking activities to assess the strengths and weaknesses of the program. This year we offered: a Back to Biking Clinic for riders wishing to become more efficient cyclists; a Bike Touring Workshop; a Bike Overnight for participants to get experience bike touring; and approximately 20 day rides. This is a wide variety of different biking activities — all provided by a total of four active bike leaders in the Monadnock and Seacoast regions.

We concluded that our strength was our enthusiasm for leading biking activities and AMC’s support. Our major weakness was we don’t have enough active leaders and therefore our ability to offer cycling activities throughout NH is limited. We are also limited in the kinds of activities we can offer. All of our active leaders are over 60 years old, this means we cannot provide the kinds of rides 20- or 30-year-old group members might like. We also don’t have any mountain bikers as leaders. We need more active bike leaders of all ages and abilities throughout New Hampshire.

Why be an AMC Bike Leader? When we asked our current leaders why they became a AMC Bike Leader, they replied: “I wanted to provide something of value to others…” “I wanted to be of service…” “I value the mission of the AMC and wanted to volunteer…”

If you enjoy cycling, enjoy being of service and would like to share your favorite local ride with others, consider becoming an AMC Bike Leader and help us offer a great 2018 Biking Program.

For details of what’s required to become a AMC Bike Leader, drop us an email at: amcnhbike@gmail.com and put bike leader in the subject line.

2018 Winter School, To Page 5

End of the Biking Season
Looking Back, Looking Forward and Call for More Bike Leaders.

DORIA HARRIS

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lection, how to erect a tent in
winter, how and what to cook,
trail finding, map and compass,
off-trail navigation, weather,
trip planning, nutrition, and
emergency situations.

**WARNING:** All participants must have proper winter
clothing, a winter sleeping bag
that has a rating of 20 below
zero or lower, a winter foam
pad and a winter backpacking
tent. Tents will be provided
if needed. This group will be
spending most time outdoors
and will sleep outside both Fri-
day and Saturday night, as well
as prepare two meals outdoors.

**Cardigan Mountain Ski
School (PSIA Certified)**

**C. Back Country Ski
Touring 101:**
Want to expand your ho-
rizons beyond the golf courses
and touring centers? Come
learn how to explore the winter
backwoods on skis. We will
cover how to travel efficiently
on the ungroomed trails over
rolling terrain and how to
control speed by turning and
stopping on modest hills. We
will address general back coun-
try safety as well. Expect to be
outdoors playing in the snow
on skis for three to four hours
each day and ski 2-4 miles. Be
prepared to ski with a day pack.

**D. Intermediate Back Country
Ski Touring:**
Ready to explore the wilderness
for the day and go where you
want with confidence? Spend
the day in the woods to improve
your skills including turning,
stopping, climbing, trip plan-
ning and navigation. We’ll be
outdoors for about five hours
each day skiing and learning on
various terrain with your full
day pack.

**F. Down Mountain
Backcountry Skiing:**
Tired of the crowded lift served
areas? Leave them behind
and explore the solitude of
the backcountry. This course
is intended and designed for
the down mountain skier who
wants to jump the gap from the
lift served area and side country
to the backcountry. This is
not a learn-to-telemark clinic
but how to apply your front-
country/lift-serve skiing skills
to the backcountry on down-
mountain trails. Strategies for
skiing on backcountry terrain
in New England “powdah” (less
than optimum snow condi-
tions) will be reviewed. Be
prepared to spend four to six
hours per day outside, on skis
and to ski with a pack on down
mountain trails. This is not just
for telemark skiers, backcountry
skills and strategies for the AT
skier will also be reviewed.

The workshops will begin
promptly at 7:30 p.m. Friday
evening and end Sunday after-
noon at approximately 4 p.m.
This is a school for everyone
who wants to learn and have a
great time.

Cost $165.00 (AMC mem-
bers), $185.00 (nonmembers),
and includes lodging, excellent
meals, materials and instruc-
tion. You must be 18 years or
older to attend.

On-line application: Please
apply via our online applica-
tion to ensure the accuracy and
priority of your application.
You may access the web app at
http://amcnh.registration.qilan.
com.

If this is your first time using
our online registration form,
you must first create an ac-
count. Otherwise, login with
your password.

Written application: You
may download the application
at http://amc-nh.org/commit-
tee/excursions/application_winter_school_2017.pdf.

Once you have your ap-
lication, fill it out and send
it with your payment to the
registrar.

Workshop Director:
Rick Silverberg
Synergyc@Aol.
com (603) 225-592.
Co leader Bob Humphrey (603)
456-3708.
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<td>Choc-chocs, 8 days of powder skiing</td>
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<td>BC downmountain</td>
<td>Adv</td>
<td>Casy, Marty, Margaret</td>
</tr>
<tr>
<td>Sun 4/1/18</td>
<td>TUCKERMAN RAVINE</td>
<td>Mt Washington</td>
<td>Trip</td>
<td>BC downmountain</td>
<td>Adv</td>
<td>Brian, Tyrson</td>
</tr>
<tr>
<td>Sun 3/24/18</td>
<td>TBD</td>
<td>TBD</td>
<td>Trip</td>
<td>BC downmountain</td>
<td>Adv</td>
<td>Brian, Tyrson</td>
</tr>
<tr>
<td>Sun 3/31/18</td>
<td>Oakes gulf</td>
<td>Mt Washington</td>
<td>Trip</td>
<td>BC downmountain</td>
<td>Adv</td>
<td>Brian, Tyson</td>
</tr>
<tr>
<td>Sun 4/1/18</td>
<td>TBD</td>
<td>TBD</td>
<td>Trip</td>
<td>BC downmountain</td>
<td>Adv</td>
<td>Brian, Tyson</td>
</tr>
<tr>
<td>Sat 4/8/18</td>
<td>Gulf of Slides</td>
<td>Pinkham notch</td>
<td>Trip</td>
<td>BC downmountain</td>
<td>Int/Adv</td>
<td>Nik, Matt</td>
</tr>
<tr>
<td>Sat 4/15/18</td>
<td>Monro Brook Slide</td>
<td>Bretton Woods</td>
<td>Trip</td>
<td>BC downmountain</td>
<td>Int/Adv</td>
<td>Thor, Paul</td>
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<tr>
<td>Sat 4/21/18</td>
<td>Tuckerman RAVINE</td>
<td>Pinkham notch</td>
<td>Trip</td>
<td>BC downmountain</td>
<td>Int/Adv</td>
<td>JR, tbd</td>
</tr>
<tr>
<td>Sat 4/28/18</td>
<td>End of Year party</td>
<td>Mt Washington</td>
<td>Trip</td>
<td>BC downmountain</td>
<td>All</td>
<td>Valerio, Paul</td>
</tr>
</tbody>
</table>
Hike over 50 miles of scenic trails in the White Mountain National Forest, including many on the Appalachian Trail. Climb at least a dozen peaks over 4000 feet, including Mt. Washington.

A strenuous and wonderful group hike, with 15,000 feet elevation gain, daily hikes are five to ten miles. Four NH Chapter Leaders and maximum 21 hikers. Variety of hiking options each day. $960 AMC members (1,010 non-members) including eight nights lodging and meals at AMC huts, gratuities, trail snacks and in-hike transportation.

Go to the PRH website at http://www.amcnhprh.org/ for more details. Deposit $480 ($25 non-refundable). Register early! For info/application, contact John McHugh: 603-382-6685 or ljmchugh@comcast.net
`Mountain Passages` is only the beginning…

From hiking to biking, AMC’s New Hampshire chapter has it all. Visit our website at amc-nh.org and read more about us and our many year-round events.

Explore the North Cascades with August Camp 2018

PRESS RELEASE—In 2018, AMC’s August Camp returns to the breathtaking North Cascades of Washington State. Hikes will be in the North Cascades National Park, Mt. Baker-Snoqualmie National Forest and Ross Lake and Lake Chelan National Recreation Areas. Choose from a variety of four to six hikes every day, or add in backpacking, rafting or kayaking to expand your experience. No matter what you do, you’ll be surrounded by amazing vistas!

This full-service tent village for 64 campers each week offers home-cooked meals, daily hikes at all levels, nightly campfires and wonderful camaraderie. The 2018 campsite is on the banks of the swift-flowing Skagit River, a popular rafting destination, in the shadow of glaciated 10,781-foot Mt. Baker just down the road from Cascadian Farms, known for its organic food and wonderful ice cream. The site is reached by the North Cascades Highway, considered the most scenic drive in Washington State. Fly into Seattle-Tacoma International airport, where the fleet of camp vans provides free transportation to Camp each Saturday. The vans also provide transport to and from daily activities.

Activities are planned and led by AMC-trained and approved volunteer leaders, and meals are prepared by our friendly camp staff. All you need do is show up at the airport Saturday to enjoy the hiking, the scenery, the people and the fun that is August Camp!

Detailed info and registration materials will be available on the August Camp website (http://www.augustcamp.org/) in early December. Availability is limited so plan your one or two-week adventure now and be part of one of the AMC’s oldest traditions. Registration opens January 2, 2018.

**WEEK 1: JULY 14-21**
**WEEK 2: JULY 21-28**
**WEEK 3: JULY 28-AUGUST 4**
**WEEK 4: AUGUST 4-11**