Winter does not mean you have to hang up your backpack until spring. Learn how to explore the N.H. wilds this winter safely and with confidence.

This winter, the N.H. Chapter will again sponsor two training workshops at the Cardigan Lodge in Alexandria, N.H. and include some courses through the Cardigan Mountain Ski School, which is now an official Professional Ski Instructors of America (PSIA) school. Most of our ski instructors hold PSIA certifications, and official PSIA events can be hosted through the school.

These winter workshops are designed to teach students what you need to know for safe travel in the winter mountains: What to wear, what to take, how to use it, how to get there, how to get pack and how to plan for the unplanned. Both workshops will offer the same curriculum, except as noted below. All sections include extensive time outdoors.

The N.H. Chapter Annual Winter Workshop 1, will be held on Friday, January 19 to Sunday, January 21, 2018. This program will be repeated as Winter Workshop 2, held on Friday, February 23 to Sunday, February 25, 2018.

A variety of instructional groups are offered that cover most every aspect of winter backcountry travel and safety. The weekend is filled with instruction, field exercises, lectures and group discussions. Your time will be divided between
joined our Herd over the years. We She-Goats roam the mountains together. Being a She-Goat brings out the best in me. What the heck: All I have to do is hike and be a good friend. And laugh!

I will never forget our first Roam. We were equipped with the gear needed to survive the night if we did not make it to the hut, so our packs were heavy. We arrived at the hut exhausted that afternoon. As we unpacked, I was in awe to see that Allee had not only carried a full pack of gear but a liter of vodka for the “kids,” a.k.a. the Hut Croo. And fresh sweet cherries...

Allee took care of the hut “kids”. In fact, Allee took care of everyone.

Two of those hut “kids” were actually her own children, Hillary and Taylor. They both worked the huts winter and summer for several years as Croo and Hut Masters. Their smiles and hospitality are unforgettable as are the smiles of all the Hut Croo.

On a visit to any of the AMC huts, you will see the Croo working hard to take care of tired She-Goats and the like. And you will also see that each one of the Croo has a Mason jar that serves as their coffee cup for a quick sip of Joe or tea as they run from one task to another. Their Mason jars are outfitted with a hand-knit wool cozy to keep the contents hot and steaming.

Several years ago, I visited Allee during the winter and was in awe to see the floors and couches of her home covered with “Big-Friendly-Giant”-sized oven mitts and Mason jar cozies. They were huge.

Allee knit these oven mitts and cozies and then felted them in boiling water until they shrunk down to the perfect size for a Mason jar or Hut Croo hand. The results were given to each year’s Hut Croo with unique yarn colors and each cozy unique to the member of the Croo. Allee knit all winter in preparation for each upcoming hut season. And she did this for years.

So now you know, not only is Allee our Go-to-Goat, she is also the quintessential Hut Mom. We called her the Martha Stewart of the Mountains. The truth is, Allee made the mountains just a little bit nicer for everyone. An unassuming woman with supernatural powers, I am proud and grateful to be have Allee’s friend. This honor enriches my life and makes me stronger: It makes me a She-Goat.

Notes from the Chair
Hiking in a Snow Storm

FRANK MILLER

It was snowing, and I needed to get out for some air. Most of my family scoffed, “It’s snowing, and you want to hike?”

There is something about hiking when it is snowing that helps me feel at peace. All I heard was the sound of my footsteps and the snow hitting my jacket. As I stood and listened, I heard some birds singing.

They did not care if it snowed or not. Like me, perhaps they were just enjoying the moment. If you’re looking to get outside this winter, we have plenty of leaders who are willing to have you join them and many others like you. And if you feel the need to stop and just listen to the sound of the snow falling, please do so.

I hope you also get to Hike, Ski, Walk…just spend time outside and find the peace we all need.

Advertise Here to Reach 10,000 Environmentally Active Outdoor Enthusiasts

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For questions, or to submit ad: Advertising@amc-nh.org
Please send ads as color PDF or jpeg high-resolution files, at correct size. Ads will appear in color in on-line version and black and white in print version.

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c/o Ron Janowitz, 88 W Haven Rd., Manchester, NH 03104

We reserve the right to refuse ads that are not related to the mission of AMC. We do not provide proofs and accept no liability for errors beyond the cost of the ad.
Intro to Light Backcountry Skiing

Wednesdays, 6.30pm
XC skis with scales or wax
Erik, Sofia and Valerio

Mondays, 6.30pm
Telemark and AT skis with skins
Simon, Casey, Nik and Valerio

Storrs Hill, Lebanon, NH
6 Classes, 6.30pm
Starts January 15th, 2018

For more information and to sign up, email: valerio.viti@gmail.com, https://goo.gl/J1DK9N
We concluded that our activities — all provided by a wide variety of different biking ence bike touring; and approximate bike touring; and approximately 20 day rides. This is a wide variety of different biking activities — all provided by a total of four active bike leaders in the Monadnock and Seacoast regions.

We concluded that our

outdoors who would like to start winter activities safely. Anticipate hiking as much as three miles at a slow pace with occasional uphill grades.

B. Intermediate Snow Shoeing
Instruction in snowshoeing, route finding (map and compass) as well as general mountain safety, clothing and equipment, nutrition, risk management and trip planning. This workshop section is intended for individuals with extensive three-season experience in the New England outdoors, but limited winter experience, who would like to get into more winter activities safely. Anticipate hiking/snowshoeing up to five miles at a moderate/slow pace with sustained uphill grades.

E. Advanced Winter Wilderness Travel
Instruction offered in winter travel on steep terrain and above treeline. Subjects covered include snowshoeing on mountain terrain, use of crampons, dressing for extreme winter conditions, off-trail navigation and risk management.

Intended for individuals with winter experience in the outdoors interested in climbing New England mountains safely. Anticipate hiking six or more miles at moderate/fast pace, steep terrain and significant exposure to wind.

H. Leadership and Mountain Skills
This section is intended for those who have mastered the basics of winter hiking. Exercises in planning, organizing and expediting a trip with emphasis on leadership techniques and group dynamics. A review of the basics, accident scene management, medical considerations and off-trail navigation. This section is also for people with potential and desire to become trip leaders for the N.H. Chapter Excursions Committee. PREREQUISITE: proficiency on snowshoes.

I. Beginner Winter Backcountry
(Winter School 1 only)
For those who have mastered the basics of winter backcountry skills. Instruction will cover as many of these topics as possible: General winter mountain safety, snowshoeing, and ski mountaineering skills. Equipment, proper camp site selection, how to erect a tent in winter, how and what to cook, trail finding, map and compass, off-trail navigation, weather, trip planning, nutrition and emergency situations.

WARNING: All participants must have proper winter clothing, a winter sleeping bag that has a rating of 20 below zero or lower, a winter foam pad and a winter backpacking tent. Tents will be provided if needed. This group will participate in indoor lectures and evening programs, sleeping outside Friday and Saturday night, as well as prepare one meal outdoors.

J. Intermediate Winter Backcountry
(Winter School 2 only)
For those who have mastered the basics of three-season backpacking skills. Instruction will cover as many of these topics as possible: General winter mountain safety, snowshoeing, equipment, proper camp site selection.

Potential leaders? When we asked our bike leaders of all ages and abilities at our Fall AMC report meeting, as leaders. We need more active leaders as leaders. We need more active leaders who have mastered the basics of three-season winter hiking. Exercises in planning, organizing and expediting a trip with emphasis on leadership techniques and group dynamics. A review of the basics, accident scene management, medical considerations and off-trail navigation. This section is also for people with potential and desire to become trip leaders for the N.H. Chapter Excursions Committee. PREREQUISITE: proficiency on snowshoes.

I. Beginner Winter Backcountry
(Winter School 1 only)
For those who have mastered the basics of three-season backpacking skills. Instruction will cover as many of these topics as possible: General winter mountain safety, snowshoeing, and ski mountaineering skills. Equipment, proper camp site selection, how to erect a tent in winter, how and what to cook, trail finding, map and compass, off-trail navigation, weather, trip planning, nutrition and emergency situations.

J. Intermediate Winter Backcountry
(Winter School 2 only)
For those who have mastered the basics of three-season backpacking skills. Instruction will cover as many of these topics as possible: General winter mountain safety, snowshoeing, and ski mountaineering skills. Equipment, proper camp site selection, how to erect a tent in winter, how and what to cook, trail finding, map and compass, off-trail navigation, weather, trip planning, nutrition and emergency situations.

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End of the Biking Season
Looking Back, Looking Forward and Call for More Bike Leaders.

DORIA HARRIS
This Fall, our AMC NH Bike Committee Leaders reviewed our 2017 biking activities to assess the strengths and weaknesses of the program. This year we offered: a Back to Biking Clinic for riders wishing to become more efficient cyclists; a Bike Touring Workshop; a Bike Overnight for participants to get experience bike touring; and approximately 20 day rides. This is a wide variety of different biking activities — all provided by a total of four active bike leaders in the Monadnock and Seacoast regions.

We concluded that our

leaders, “What do you enjoy about being a Bike Leader?”
they said: “I enjoy sharing my enthusiasm for getting outside and doing something with others…”
“I enjoy sharing my favorite rides with cyclists not familiar with the area…”
“I enjoy showing people new sights, historical, structural, strange, getting out for a ride…”
“I enjoy encouraging novice cyclists…”
“I enjoy meeting other cyclists…”
“I enjoy learning from the other cyclists…”

When we asked our current leaders why they became a AMC Bike Leader, they replied:
“I wanted to provide something of value to others…”
“I wanted to be of service…”
“I value the mission of the AMC and wanted to volunteer…”

If you enjoy cycling, enjoy being of service and would like to share your favorite local ride with others, consider becoming an AMC Bike Leader and help us offer a great 2018 Biking Program.

For details of what’s required to become a AMC Bike Leader, drop us an email at amcnhbike@gmail.com and put bike leader in the subject line.
lection, how to erect a tent in winter, how and what to cook, trail finding, map and compass, off-trail navigation, weather, trip planning, nutrition, and emergency situations.

**WARNING:** All participants must have proper winter clothing, a winter sleeping bag that has a rating of 20 below zero or lower, a winter foam pad and a winter backpacking tent. Tents will be provided if needed. This group will be spending most time outdoors and will sleep outside both Friday and Saturday night, as well as prepare two meals outdoors.

**Cardigan Mountain Ski School (PSIA Certified)**

**C. Back Country Ski Touring 101:**
Want to expand your horizons beyond the golf courses and touring centers? Come learn how to explore the winter backwoods on skis. We will cover how to travel efficiently on the un groomed trails over rolling terrain and how to control speed by turning and stopping on modest hills. We will address general back country safety as well. Expect to be outdoors playing in the snow on skis for three to four hours each day and ski 2-4 miles. Be prepared to ski with a day pack.

**D. Intermediate Back Country Ski Touring:**
Ready to explore the wilderness for the day and go where you want with confidence? Spend the day in the woods to improve your skills including turning, stopping, climbing, trip planning and navigation. We’ll be outdoors for about five hours each day skiing and learning on various terrain with your full day pack.

**F. Down Mountain Backcountry Skiing:**
Tired of the crowded lift served areas? Leave them behind and explore the solitude of the backcountry. This course is intended and designed for the down mountain skier who wants to jump the gap from the lift served area and side country to the backcountry. This is not a learn-to-telemark clinic but how to apply your front-country/lift-serve skiing skills to the backcountry on down-mountain trails. Strategies for skiing on backcountry terrain in New England “powdah” (less than optimum snow conditions) will be reviewed. Be prepared to spend four to six hours per day outside, on skis and to ski with a pack on down mountain trails. This is not just for telemark skiers, backcountry skills and strategies for the AT skier will also be reviewed.

The workshops will begin promptly at 7:30 p.m. Friday evening and end Sunday afternoon at approximately 4 p.m. This is a school for everyone who wants to learn and have a great time.

Cost $165.00 (AMC members), $185.00 (nonmembers), and includes lodging, excellent meals, materials and instruction. You must be 18 years or older to attend.

On-line application: Please apply via our online application to ensure the accuracy and priority of your application. You may access the web app at [http://amcnh.registration.qilan.com](http://amcnh.registration.qilan.com).

If this is your first time using our online registration form, you must first create an account. Otherwise, login with your password.

Written application: You may download the application at [http://amcnh.org/committee/excursions/application_winter_school_2017.pdf](http://amcnh.org/committee/excursions/application_winter_school_2017.pdf)

Once you have your application, fill it out and send it with your payment to the registrar.

Workshop Director: Rick Silverberg Synergyc@Aol.com (603) 225-592.
Co leader Bob Humphrey (603) 456-3708.

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### Mountain Majesty

**North Cascades • AMC’s August Camp 2018**


**Hike, raft, bike and more**, visiting many stunning waterfalls and scenic vistas on dozens of activities led by trained AMC volunteers. Just arrive and enjoy the activities and camaraderie. Everything’s provided: tents, hearty, delicious meals prepared by our staff, local transportation and a free shuttle from Seattle-Tacoma International Airport.

**July 14 through August 11.** Plan to attend for one week or two. Detailed info, pricing and registration will be on our web site by early December. **Questions? Ask Trish Niece at AugCampReg1887@gmail.com**

*Photo by Jim Borowski, August Camp 2013*
| Date/locations are tentative! Please check with leaders and online at: | Valerio and Paul,  October 2017 |
Register Now for AMC’s 2018 Annual Summit!
Saturday, January 27, 2018

Please join AMC in kicking off another year in the outdoors! No matter what adventures you are planning for 2018, the 142nd Annual Summit has something for you. This event will connect both newcomers and lifelong members with valuable resources, and provide opportunities for meeting people with similar interests and passions.

Annual Summit is AMC’s thank you to our dedicated volunteers and members! We welcome you to sign up for a combination of workshops, trainings, and meetings that matches your interests. This year will feature:

- Interactive workshops led by AMC experts and outdoor pros
- Organization-wide committee meetings
- A delicious buffet lunch
- AMC’s annual volunteer service awards
- The 142nd Annual Business Meeting
- Early evening reception, with complimentary drink and hors d’oeuvres
- Updates on AMC’s work in conservation, recreation, and education

For those interested in staying over Friday and/or Saturday night, AMC has arranged for special group rates. Visit our web page for more details.


Register at www.outdoors.org/AnnualSummit

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Jessica Clifford, Design & Layout
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AMC NH Chapter ..................................................... amcnh@amc-nh.org

Address changes and membership renewals:
AMC Member Services
5 Joy Street, Boston MA 02108
617-523-0636 or www.outdoors.org/membercenter

52nd Annual Presidential Range Hike
Saturday-Sunday, July 14–22, 2018

Hike over 50 miles of scenic trails in the White Mountain National Forest, including many on the Appalachian Trail. Climb at least a dozen peaks over 4000 feet, including Mt. Washington.

A strenuous and wonderful group hike, with 15,000 feet elevation gain, daily hikes are five to ten miles. Four NH Chapter Leaders and maximum 21 hikers. Variety of hiking options each day. $960 AMC members ($1,010 non-members) including eight nights lodging and meals at AMC huts, gratuities, trail snacks and in-hike transportation.

Go to the PRH website at http://www.amcnhprh.org/ for more details. Deposit $480 ($25 non-refundable). Register early! For info/application, contact John McHugh: 603-382-6685 or ljmchugh@comcast.net

Please join AMC in kicking off another year in the outdoors! No matter what adventures you are planning for 2018, the 142nd Annual Summit has something for you. This event will connect both newcomers and lifelong members with valuable resources, and provide opportunities for meeting people with similar interests and passions.

Annual Summit is AMC’s thank you to our dedicated volunteers and members! We welcome you to sign up for a combination of workshops, trainings, and meetings that matches your interests. This year will feature:

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617-523-0636 or www.outdoors.org/membercenter
‘Mountain Passages’ is only the beginning…

From hiking to biking, AMC’s New Hampshire chapter has it all. Visit our website at amc-nh.org and read more about us and our many year-round events.

Explore the North Cascades with August Camp 2018

PRESS RELEASE—In 2018, AMC’s August Camp returns to the breathtaking North Cascades of Washington State. Hikes will be in the North Cascades National Park, Mt. Baker-Snoqualmie National Forest and Ross Lake and Lake Chelan National Recreation Areas. Choose from a variety of four to six hikes every day, or add in backpacking, rafting or kayaking to expand your experience. No matter what you do, you’ll be surrounded by amazing vistas!

This full-service tent village for 64 campers each week offers home-cooked meals, daily hikes at all levels, nightly campfires and wonderful camaraderie. The 2018 campsite is on the banks of the swift-flowing Skagit River, a popular rafting destination, in the shadow of glaciated 10,781-foot Mt. Baker just down the road from Cascadian Farms, known for its organic food and wonderful ice cream. The site is reached by the North Cascades Highway, considered the most scenic drive in Washington State. Fly into Seattle-Tacoma International airport, where the fleet of camp vans provides free transportation to Camp each Saturday. The vans also provide transport to and from daily activities.

Activities are planned and led by AMC-trained and approved volunteer leaders, and meals are prepared by our friendly camp staff. All you need do is show up at the airport Saturday to enjoy the hiking, the scenery, the people and the fun that is August Camp!

Detailed info and registration materials will be available on the August Camp website (http://www.augustcamp.org/) in early December. Availability is limited so plan your one or two-week adventure now and be part of one of the AMC’s oldest traditions. Registration opens January 2, 2018.

WEEK 1: JULY 14-21
WEEK 2: JULY 21-28
WEEK 3: JULY 28-AUGUST 4
WEEK 4: AUGUST 4-11