AMC-NH Chapter Annual Meeting and Dinner Program
Saturday, October 6th at the
Pheasant Ridge Country Club, Gilford, NH

Guest Speaker: Ray Turmelle from Barrington, NH
Topic: Peru - Home of the Incas

You are invited to the 87th Annual Dinner Meeting and Program of the New Hampshire Chapter of the Appalachian Mountain Club on Saturday, October 6, 2007, at the Pheasant Ridge Country Club in Gilford, NH. During this meeting, we will elect our officers and committee chairs for the coming year and vote on revised by-laws.

Guest speaker for the evening program, Ray Turmelle from Barrington, NH, will put on a multi-media slide show with narration and music. Ray has hiked and climbed extensively in New Hampshire and other parts of the U.S., British Columbia, Europe, Africa, Asia and South America.

His presentation will focus on his trekking in the Peruvian Andes and his climb of Nevado Yawarhaju at 19,000 feet. It also includes his travels to Cuzco, once the capital city of the Inca Empire, before it was conquered by the Spaniards in the 1500s and Machu Picchu, considered one of the most isolated and interesting Inca sanctuaries in the world. The Incas never developed the art of writing, so their reason for being at Machu Picchu is a matter of conjecture. Archeologists are continually digging in the area hoping to discover the secrets of the mysterious and intriguing home of the Incas.

Deadline to register for the Annual Meeting and Dinner Program is September 30.

See page 7 for a reservation form, the menu and directions to the Pheasant Ridge Country Club.

Note from the Chair
Sam Jamke

As I write this message I am contemplating stepping down as Chair in October and turning over the reins to the able hands of Paul Berry, current Vice Chair. Recently retired from my career as a chemist, I have mixed emotions about reaching the end of my term as Chair. I have been on the Executive Committee for about five years and will remain on as Past Chair for a couple more. Who knows what will happen then? I expect and plan to remain active with AMC for a very long time. I am now a member of the August Camp Committee and am going to be leading Major Excursions, starting with a hiking adventure to Machu Picchu, Peru...
Who’s Who in New Hampshire

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
<th>Phone</th>
<th>Email</th>
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<tbody>
<tr>
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New Hampshire Chapter Website
www.amc-nh.org

Address changes or membership renewals?
Contact AMC Member Services,
5 Joy Street, Boston, MA 02108
617-523-0636 Ext 0 or www.outdoors.org/membership

Have Mountain Passages Delivered to Your Inbox

Receive Mountain Passages via email! E-delivery saves the NH-AMC Chapter printing and postage costs and helps the environment, too!

Mountain Passages is distributed six times per year. The same day each issue mails, you’ll get an email alert with a link to the members-only online version of Mountain Passages.

Members opting to get Mountain Passages online will not receive a copy in the mail. If you change your mind and want to receive a paper copy, simply email mtnpassages@comcast.net and we’ll switch you back.

To receive your Mountain Passages online, send your name, email address, and member ID (found above your name on the address label of Outdoors magazine) to mtnpassages@comcast.net.

Advertise in Mountain Passages

The AMC NH Chapter membership is over 10,000 strong. Members enjoy the outdoors year-round by hiking, paddling, skiing, backpacking, climbing and biking.

If you have a product or service that New Hampshire AMC members would benefit from, consider advertising in Mountain Passages, published six times a year!

Display ad rate: $12 per square inch (4 sq. inch min.)
Classified ad rate: $1 per word (20 word minimum)

We reserve the right to refuse ads that are not related to the mission of the AMC (outdoor adventure, education and conservation).

For more information, or to place an ad, email mtnpassages@comcast.net or call 603-566-8270.

Moving?

Contact AMC Member Services for address changes or membership renewals. To update your member information:

- Call 617-523-0636 Ext 0
- Or visit www.outdoors.org/membership

Please note AMC-NH officers and committee chairs cannot take updates to your membership information.
The Nominating Committee, consisting of Anne Melvin, Bill Burke and Bruce Healey submits the following slate of officers and committee chairs for action at the New Hampshire Chapter Annual Meeting, October 6, 2007. All nominations are for one (1) year, to serve until the next annual meeting in October of 2008.

Note that Section II of Article VII of the Chapter by-laws further provides that any five Chapter members desiring to place an additional candidate in nomination may do so by sending to the Chapter Secretary, David Ross, not later than 10 days before the annual meeting, a nomination paper stating the office to be filled, the proposed candidate and a statement from the nominee that he/she is willing to serve if elected. The five members of the Chapter must sign the nomination paper.

Here are the nominations submitted by the Nominating Committee:

**Officers:**
- Chair: Paul Berry
- Vice Chair: Eric Savage
- Secretary: David Ross
- Treasurer: Mitch Manseau

**Chairs/Co-Chairs:**
- Conservation Co-Chairs: Bob and Mary Harrington
- Excursions Chair: Wes Tucker
- Hospitality Co-Chairs: Kathy Ratcliffe and Janice Bremer
- Programs Co-Chairs: Ron Janowitz and Louise Provan
- Paddling Co-Chairs: Julia Steed Mawson and Karen Klawiter
- Trails Co-Chairs: Bill Darcy and Tim Doucette
- Mountaineering Chair: Jed Eliades
- Education Chair: Scott Maxner
- Membership Co-Chairs: Bob Humphrey and Kathy Ratcliffe
- Newsletter Editor: Renée Robertie
- Webmaster: Dean Tuininga
- Young Members: Ross Garofalo and Mary Schmidt

Ex-officio members of the Executive Committee: Past Chapter Chair, Sam Jamke and Regional Director, John Dolloff.

Respectfully,

Anne Melvin, Bill Burke, Bruce Healey
Nominating Committee

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**Proposed By-Law Changes to be Presented at the AMC NH Chapter Annual Meeting**

AMC NH Chapter proposed by-law changes will be presented for member voting at the annual meeting. The proposed by-law changes are available at the AMC NH Chapter Website [www.amc-nh.org](http://www.amc-nh.org) or by contacting Paul Berry at PaulBerry234@aol.com or 603-423-1192.

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**Note from the Chair continued from page 1**

Death Valley and the mountains of western Nevada in April of 2008 (see trip prospectus at [http://snebulos.mit.edu/majorexcursions/trips/0813.pdf](http://snebulos.mit.edu/majorexcursions/trips/0813.pdf)).

Our annual meeting is coming up on October 6th and I hope many of you will attend. The slate of candidates is published in this issue and is also available on our Web site ([www.amc-nh.org](http://www.amc-nh.org)). Information about our speaker is found in this issue.

On Sunday afternoon, October 7th, we will have a short ceremony at Cardigan Lodge to dedicate the granite bench placed near the pond in memory of our late Hospitality Chair, Bernice Johnson, who passed away last year. As those of you who knew Bernice are aware, she felt a special attachment to Cardigan, so we felt placing the bench there was most fitting. Purchase of the bench and bronze plaque was made possible by the generosity of members who donated to the Chapter in Bernice’s memory. If you would like to attend, please e-mail or call me, so I can send you the exact time (and directions if you need them). John Jenkins, our Paddling Chair, made an indestructible “time capsule” that we will place beneath the bench with mementos of Bernice’s life inside. In the capsule will be the 2006 NH Chapter annual report dedicated to her and the issue of Mountain Passages that paid tribute to her dedicated service to AMC and other organizations. Needless to say, one of Bernice’s ExComm name badges will be included, as well as photos of her beloved Sheltie dogs. If you have a small item, story or picture you would like to add, please contact me.

I hope that many of you are joining us at AMC’s Fall Gathering, which our chapter is hosting at the Highland Center in Crawford Notch. See info at [www.outdoors.org/chapters/fall-gathering.cfm](http://www.outdoors.org/chapters/fall-gathering.cfm) or on the NH Chapter Web site. In addition to the usual Club-wide committee meetings, there will be hikes, a gear consignment shop, workshops and a wonderful Saturday evening program, Sha Riordan doing her in-character performance of “Up to the Mountains,” set in the very area in which the Gathering is taking place.

Happy trails and thanks for a wonderful two years as Chair. Please come outside and play!

Sam Jamke
AMC White Mountain Guide Online!

What do you get when you combine the interactivity of the web with expert map and trail content from the White Mountain Guide?

AMC’s new online edition of the White Mountain Guide gives you access to up-to-date maps, trail descriptions, as well as trail conditions and trip reports from members of the AMC online community. Use the interactive guide to build a custom route for your next excursion, or select one of the recommended hikes, then print out a trip itinerary and take it with you.

With the online guide, you can total your mileage and elevation gain automatically. You can also search for trails by trail name, feature, length, and elevation change, find nearby shelters and campsites, check trail conditions, and more. You’ll also be able to post your own photos and trip and trail reports to share as part of a free online community.

For the latest information, see www.outdoors.org/wmgonline.

See a demonstration of the AMC White Mountain Guide Online at the AMC Fall Gathering at the Highland Center October 12-14.

Like the photos in Mountain Passages?

You’ll like them even better in COLOR! Sign up now to get an e-version of Mountain Passages and see what you’re missing. Send your name, email address, and member ID (found above your name on the address label of Outdoors magazine) to mtnpassages@comcast.net.

Views to Amuse
A photo contest

Contest Rules: Look at the scenic photo, picture yourself there, and tell me where you are standing!

Email your guess to mgphoto@metrocast.net. One winner will be chosen and sent an actual 4x6 print! Anyone receiving an advance copy of the newsletter is not eligible to win.

The winner from last month’s contest was Scot Holt from North Woodstock, NH. The photo was taken from the summit of Mt. Garfield, standing next to the old fire observatory foundation looking north, north west.

Good luck on your next guessing adventure!!!
Happy Trails! ~ Michelle Goodearl

AMC’s new online edition of the White Mountain Guide gives you access to up-to-date maps, trail descriptions, as well as trail conditions and trip reports from members of the AMC online community. Use the interactive guide to build a custom route for your next excursion, or select one of the recommended hikes, then print out a trip itinerary and take it with you.

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AMC Fall Gathering
at the Highland Center October 12-14, 2007
Hosted by the NH Chapter!

Enjoy peak foliage season at this club-wide event at AMC’s Highland Center in Crawford Notch. Enjoy hikes and programs led by AMC staff and volunteers, as well as technical climbs, sightseeing, club-wide meetings, equipment consignment shop, a Saturday evening performance by Sha Riordan of Up to the Mountains, and a demonstration of the new online AMC White Mountain Guide!

Space is limited. Make your reservations by September 12. Bunk and private room packages available, including meals, activities, and registration fee. Call AMC Reservations at 603-466-2727 using group reservation #67573.

**AMC NH Chapter Hut Night at Galehead Hut, September 15**

Join us for this special night exclusively for the great people of the NH Chapter. Come on out and visit old friends and meet some new friends.

Cost is $85 and includes the social hour, Saturday night dinner, Sunday morning breakfast, tip for croo, and a bunk with blankets.

NH Chapter trip leaders are available for group-led hikes to the hut, if you are interested. We will ascend the Gale River Trail to Galehead Hut. Consult your AMC Guidebook for more trail information.

For a registration form, visit the AMC NH Chapter Web site at www.amc-nh.org or see the July/August issue of Mountain Passages. For more information, contact Tim Kennedy at 603-635-2517.

**Chapter Trip Leader Familiarization Tours At Little Lyford Pond Camps**

The AMC’s Volunteer Relations Staff will host a four-day trip to Little Lyford’s Pond Camp from Sept. 20-23. Only 12 spots are left. The trip is designed to introduce AMC’s Chapter Trip Leader’s to the new camps in Maine for the daily rate of $49. Van pooling or car pooling will be offered from Portsmouth, NH or Portland, ME.

If you want to see Maine at peak foliage, canoe or kayak the ponds, hike the local peaks, or enjoy the sauna, please contact trip leader Roger Scholl at 617-523-0655 x345 to participate.

**Upcoming Events**

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<td>9/8 Staying Found Workshop for Families</td>
<td>10/6 Chapter Annual Meeting</td>
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<td>Highland Center</td>
<td>Pheasant Ridge Country Club</td>
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<td>9/15 Chapter Dinner Program</td>
<td>10/12-14 AMC Fall Gathering</td>
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<td>Canterbury Woods Country Club</td>
<td>Highland Center. See page 5 for more info.</td>
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<td>9/15 NH Chapter Hut Night</td>
<td>10/19-21 Leadership Training</td>
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<td>Galehead</td>
<td>Cardigan Lodge. See page 5 for more info.</td>
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<td>9/28-30 Young Members Fall Camping Weekend</td>
<td>10/27 - 12/22 Winter Hiking Series</td>
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*Visit the AMC-NH Chapter Website at www.amc-nh.org for more information.

**AMC Outdoors magazine has a complete listing of AMC chapter activities, including hikes, paddling, mountaineering, trailwork, and conservation.

**AMC’s online event calendar is now up and running at http://www.outdoors.org/about/calendar!**

**Leadership Training for AMC Outing Committees’ Leaders**

The AMC NH Chapter will hold a new leadership training weekend at Cardigan Lodge October 19-21. This workshop will concentrate on soft people skills, such as group dynamics, handling difficult behaviors, screening participants, team building, and accepted peer practices.

The training will cross activity committee lines and is open to potential and existing hike, snowshoe, ski, bicycle, paddling, rock climbing, family group, young members, trails or over-55 leaders or potential leaders and anyone who wants to improve his/her ability to lead others in group outdoor activities.

Cost is $105, which includes training materials, two night’s lodging and four meals at Cardigan Lodge.

For more information or a registration form visit www.amc-nh.org.

Questions? Call Director Rick Silverberg after 7 p.m. at 603-225-5921.

**AMC Outing Committees**

AMC Outing Committees’ Leaders

**AMC Outdoors** magazine has a complete listing of AMC chapter activities, including hikes, paddling, mountaineering, trailwork, and conservation.

**AMC’s online event calendar is now up and running at http://www.outdoors.org/about/calendar!**
I never imagined that I’d find myself staring out at Mt. Moosilauke from the summit of South Kinsman on a crystal clear, early November day and wishing for snowy and windy conditions. But there I was, doing just that. It was Nov. 5. I was among a couple dozen would-be winter hikers taking part in the 2006 version of Bob Humphrey’s Winter Hiking Series, and we had experienced nothing but unseasonably mild and pleasant weather since our program began, on Oct. 21.

In fact, the worst weather we had seen to date came during the first day of the series, an all-day lecture at the Joe Dodge Lodge in Pinkham Notch. We watched the falling snow through the classroom window. During the first hike of the series, a scenic trip up Mt. Hight and Carter Dome on Oct. 22, the skies were clear again, allowing us unobstructed views of Mt. Washington and the rest of the Presidential Range.

We had the same weather for our hike of North and South Kinsman two weeks later and of Mt. Moosilauke on Nov. 17. Our first mild taste of winter came during our Dec. 3 hike of Mt. Eisenhower and Pierce. A light dusting of snow covered the entire landscape except for the trails. It was as if someone had plowed them. It was a truly remarkable sight. By then the group had dwindled somewhat, as some folks had found the series too demanding or had other commitments for their time. The final hike in the series was slated to be the classic Franconia loop: Little Haystack and Mts. Lincoln and Lafayette via the Falling Waters and Franconia Ridge Trails and the Old Bridal Path. For once, the weather didn’t cooperate. We actually had poor visibility, a little wind and some snow on the ground. It was wonderful. We only hiked to the summit of Lafayette because of the conditions.

By that time, Bob Humphrey and his capable team of assistants had prepared us well. I owe Bob and his assistants, Lou Caron, Scott Maxner, Norm Michaels and Kathy Ratcliffe a great deal of thanks. All were extremely knowledgeable, friendly and willing to freely share their skills with the uninitiated. All of the hikes in the series were relatively strenuous, involving at least 10 miles of walking round trip and roughly 4,000 feet of elevation gain, with each hike becoming progressively more difficult and exposed as the series went on. I cannot recommend the course enough.

Taking the Winter Hiking Series was one of the best things I’ve ever done. It certainly would be difficult to find a better bargain. We learned numerous skills, everything from snowshoe and crampon use to winter route-finding and proper winter clothing and nutrition. Learning how to safely experience the mountains in winter is just a great ability to have. It opens up a whole new universe of hiking and climbing possibilities. I found walking for miles under snow-laden boughs on a trail buried beneath several feet of snow to be exhilarating. Being above tree line in winter is a whole order of magnitude better. No description of mine could do justice to the wind-swept, barren and icy world of an open summit or ridge in winter. The frozen tundra of the Presidential ridge in winter is truly a sight to behold. Up there, on most winter days, freezing mists quickly coat your waterproof outer shell with a thin layer of ice. It’s surreal.

My mention of the bargain only refers to the education, of course. My foray into winter hiking has involved a rather hefty investment in new gear and clothing. I’ve probably dropped more than a thousand dollars in the past year. Most other members of the course made similarly large investments. But I love my new toys. What’s really nice about the series is that you have experienced leaders to help you with your gear choices. Humphrey’s gear selection tips at the outset were invaluable, as is the course handbook.

I also made some great new friends. I still hike with several of them, and I look forward to seeing everyone that I met in the class on the trails again soon. The experience I gained continued on page 7
with the Winter Hiking Series has encouraged me to take my hiking to another level. I’ve since gone on to make winter ascents of Mt. Washington and Monroe, Mt. Moriah and a traverse of the Bigelow range in Maine in February. In June, I joined an excursion to Mt. Rainier in Washington led by members of a New Hampshire-based mountaineering club, Summit Sensations, which I was first introduced to through the Winter Hiking Series. We were turned back by high winds and increasingly poor visibility about 500 feet below Rainier’s 14,411-foot summit. But as Bob always said, getting to the summit is optional. Getting back to the trailhead is not. Now, I have an excuse to return to Rainier again next year. I would not have had the confidence or the skills to embark on that adventure without the Winter Hiking Series.

If you are an experienced three-season hiker who is looking for a challenge and a chance to experience the mountains in their absolutely beautiful winter state, I would highly recommend the winter hiking series. When you sign up, tell Bob your name is Rocco B. Johnson. He’ll love it.

For more information about the 2007 Winter Hiking Series, see page 8 or visit www.amc-nh.org.

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**AMC-NH Chapter Dinner Program**

**Saturday, October 6, 2007**

Pheasant Ridge Country Club

140 Country Club Rd

Gilford, NH 03249 (603) 524-7808

Guest Speaker: Ray Turmelle – Peru: Home of the Incas

6 p.m. social hour (cash bar and appetizers)
7 p.m. dinner followed by the program

For questions or more information, call Janice Bremer, Hospitality Co-Chair, at 603-672-9626 (7 to 9 p.m. only).

Menu: fresh fruit and cheese & cracker appetizer platters, baked haddock or chicken picatta, salad, vegetables, coffee, tea, vanilla ice cream with strawberry topping for dessert

Directions: From North and South take exit 20 off I-93. Go East on Route 11 about 6 miles and turn right onto the Laconia by-pass (3/11). Take the exit for Route 11A and turn right. Then take the first right onto Country Club Road. At the “Y” intersection, stay right. The Pheasant Ridge Country Club is just ahead on the left. There is a large parking lot in front.

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**AMC-NH October Chapter Annual Meeting and Dinner Program**

**Saturday, October 6, 2007**

$25 Members and $30 Non-Members

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Total enclosed: $ 

Send this Registration Form and a check payable to AMC-NH Chapter to:

Janice Bremer, 50 Quarry Circle, Milford, NH 03055

Registrations must be received by September 30.

You will not receive a confirmation.
NH Chapter Annual Winter Hiking Series

This series is designed for EXPERIENCED 3-season hikers who want to advance into the winter season. This is not a beginner hiking course; it is for those who can demonstrate considerable 3-season skills and have significant experience hiking in the White Mountains of NH.

We will teach the basics of safe winter travel and give you informed choices for winter gear. Topics include heat management, footwear, (boots/crampons/snowshoes) energy management, nutrition, clothing, gear, and other topics.

Sessions 10/27 (lecture) and 10/28 (hike to Carter Dome) are mandatory for participation in the series. Lodging and meals can be obtained for this weekend, but are not included in the $50 registration fee.

After the first weekend there will be five additional Saturday hikes combined with instruction:

- Mt Flume 11/3
- Mt. Liberty 11/17
- Mt. Mooselauke 12/1
- Mts. Eisenhower & Clinton 12/15
- Mts. Lincoln & Lafayette 12/22

This series has become very popular. We only take 25 participants so please apply early to ensure a spot. For more information and an application send a SASE or email to Bob Humphrey, 603-456-3708 (7-10 p.m.) 19 Gould Rd., Warner, NH 03278, bobh@mcttelecom.com or Scott Maxner 603-398-3779. Or you can visit the AMC NH Chapter Web site at www.amc-nh.org.

To learn about one participant’s account of his experience in the 2006 Winter Hiking Series, turn to page 6.