Meet our new AMC President John Judge, Guest Speaker at the AMC-NH Annual Meeting

Saturday, November 10, 2012 • Pheasant Ridge Country Club • Gilford, NH

Please join us for our Annual Meeting, and hear a talk by our new AMC President John Judge.

Judge, 44, became the fourth chief executive of the AMC on February 1, 2012. He succeeded Andrew J. Falender, who retired after 23 years of successful leadership as AMC President.

“I am energized by the challenges AMC has committed to taking on over the next decade,” said Judge. “Attracting 500,000 constituents, helping 500,000 kids experience wild places, fulfilling our vision for the Maine Woods Initiative, and engaging more people in our conservation and trail stewardship efforts is a tall order, but an exciting one. I am looking forward to using my experience in building partnerships to increase the impact of AMC in the region.”

Judge joins the AMC as a respected nonprofit and government leader, having served in executive and senior development, finance, and marketing roles. He is credited with transforming a financially troubled Greater Boston chapter of Habitat for Humanity to a top-performing urban affiliate. Most recently, Judge served as Chief Development Officer for the City of Springfield, where he oversaw projects with a collective value of hundreds of millions of dollars (including the construction of the state’s largest solar field).

NH AMC Paddlers/Amoskeag Fishways River Trip

BY KERRY FRAZIER

Saturday, July 21 saw the NH AMC Paddlers and the Amoskeag Fishways co-sponsor a trip on the Merrimack River for the Amoskeag Fishways members.

The adventure started at 9:00 AM at the public boat landing across from the Merrimack County Home with families picking-out their boats, life jackets and paddles. Next they carried their equipment to the river bank, added their lunches, personal items and waited for the rest of the group to be outfitted. The day was perfect for a river trip as the sun was shining, there were a few clouds in the sky, the humidity was low and the...
Proposal to Modify AMC NH Chapter By-Laws

A proposal to modify the Chapter by-laws will be presented to the members at the Annual Meeting of the New Hampshire chapter of the Appalachian Mountain Club on Nov 10, 2012.

The proposed by-laws can be found on our website at: http://amc-nh.org/chapter/index.php#By-Law%20Changes or by contacting Paul Berry 603 423 1192 or paulberryamcnh@aol.com

A summary of AMC NH By-laws changes proposed follows:

1) Added Biking as a Standing Committee wording is based on the wording used for Paddling. (Article VI Section 1 Biking)

Note: this addition re-numbered all the existing sections in Article VI.

2) Revising the Program Committee description to expand the committee’s responsibility to include “The Program Committee shall be responsible for planning, scheduling and administering all Chapter Meetings identified in Article V, and other programs of general interest.” Other wording was changed too (Article VI Section 10 Programs).

3) Add “and related activities” after the phrase “coordinating trail work” Article VI Section 12 Trails.

4) Led replaced “activities shall be led by trip leaders who have been approved under criteria established by this committee and approved by the Executive Committee” with “activities shall be led by trip leaders who have been approved under criteria that have been established by this committee and approved by the executive committee” for all Activity Committees in Article VI (Section 4 Excursions, Section 7 Mountaineering, Section 9 Paddling, Section 11 Ski, and Section 12 Trails note the new Section 1 Biking also has this wording).

5) Added “Club’s” before the phrase “Board of Directors” (Article IV Section 5).

6) Added a comma after the phrase “or committee of the Chapter” (Article VI Section 8 Newsletter).

MISC

Any changes causes date changes to the Document Title and to Article VIII Section 1.

ANNUAL, FROM PAGE 1

An active community volunteer, Judge serves on the Boards of Northeastern University’s School of Public Policy and the Springfield Technical Community College Foundation. He co-founded the New Frontier Society of the John F. Kennedy Library Foundation, and served as State Chair of the Kennedy School of Government. He economics from Stonehill College and a Master’s of Public Administration from Harvard University’s Kennedy School of Government. He lives in Boston.

5 PM SOCIAL HOUR
(cash bar and appetizers)
6 PM DINNER
followed by our Business Meeting and our Program

See page 7 for registration form and directions. Deadline to register is October 28.

Advertise Here to Reach 10,000 Environmentally Active Outdoor Enthusiasts

For questions, or to submit ad: Advertising@amc-nh.org Please send ads as color PDF or jpeg high-resolution files, at correct size. Ads will appear in color in on-line version and black and white in print version.

Mail check for advertising to: Appalachian Mountain Club c/o Ron Janowitz, 88 W Haven Rd., Manchester, NH 03104

We reserve the right to refuse ads that are not related to the mission of AMC. We do not provide proofs and accept no liability for errors beyond the cost of the ad.

Mountain Passages is published six times a year by the New Hampshire Chapter of the Appalachian Mountain Club.

Submissions. Members may submit articles or photos (hi-res jpeg) to newsletter@amc-nh.org. Articles may be edited at the discretion of the editor to meet space and style requirements.

Publication is on a space-available basis. While Mountain Passages does not pay for submissions; a byline or photo credit is given.

Advertising. The AMC NH Chapter members enjoy the outdoors year-round by hiking, paddling, skiing, backpacking, climbing and biking and more.

For information and the 2012 Ad Rate Sheet, send an email to newsletter@amc-nh.org.

We reserve the right to refuse any submission, photo or advertising that is not consistent with the mission of the AMC.

Address Changes. Address changes or other changes to your membership must be made through AMC Member Services at 5 Joy St. Boston, MA 02108. 800-372-1758; outdoors.org/member-center

Please note: Member address updates cannot be handled by AMC-NH officers, committee chairs, or the newsletter editor. You’ll get added resources not available to print subscribers: direct links to emails, forms and online information, color photos, online registration forms.

To sign up, go to www.outdoors.org/membercenter and set your AMC-NH Chapter newsletter preference to online.

Editor: David Phillips shoedsp@aol.com

Graphic Design: Susan G. Engiert, Owner/Designer, Sandpiper Artisans

Graphic Design, Manchester, NH. SandpiperArtisans.com facebook.com/sandpiperartisans
NH-AMC Officer and Committee Chair Nominees

The Nominating Committee, consisting of Anne Melvin, Leon Tokatlian, and Debbie Frazier, submits the following slate of officers and committee chairs for action at the New Hampshire Chapter Annual Meeting on November 10, 2012. All nominations are for one year, to serve until the next annual meeting in October 2013.

OFFICERS
Chair       Karen J. Thurston
Vice-Chair  Wayne Goertel
Secretary   Marianne Page
Treasurer   Bill Warren

COMMITTEE CHAIRS
Conservation Paul Hopkins
Excursions Jen Varney and Leon Tokatlian
Education  Eric Savage
Hospitality Patty Anderson
Membership Mitch Manseau
Mountaineering Jim Kent and Tom Sintos
Newsletter Ron Janowitz, David Phillips, and Susan Englert
Paddling Sally Leonard and Marcy Stanton
Programs Paul Berry and Marie Berry
Ski Tony Schmidt and Valerio Viti
Trails Richie Holstein
Webmaster Tom Todd
Young Members Stephanie Chambers and John Greene

Immediate Past Chair, Eric Savage, and Regional Director, Ruth “Sam” Jamke, will be ex-officio members of the Executive Committee.

The group was excited to get on the water and paddle. Before we entered the water a basic river safety talk was given. The group consisted of four NH AMC Paddlers volunteers, one Amoskeag Fishways staff member, 19 adults and 9 children, ages 9 through 18. Thanks to the AMC Executive Committee, a canoe trailer and kayaks were available to the group and the NH AMC Paddlers also provided several canoes.

For some, this was their first time in a boat of any kind. Several children opted to try kayaking and had extra fun controlling their own trip. Special thanks go to Rod Dore and Skip Morris for their help which made the day extra special for many.

Along the way the group saw a young bald eagle, a red-tailed hawk, jumping fish and small schools of bass. We also stopped at several rope swings, enabling everyone who wanted a chance to play. During lunch the kids enjoyed swimming and learning just how hard it can be to tip over a canoe, as well as how to re-enter a canoe from the water should they ever fall out.

The trip ended around 3:00 PM at the Boscawen Ball Fields, with many brochures distributed to the adults in the group seeking information about what the New Hampshire AMC can offer them and their children.
Biking Through the Summer

This has been a great summer for biking if not for lawns. Hopefully many of you have used the time saved by not mowing your burned-out lawns to get out more often on your bikes.

New Hampshire AMC Biking had two nice rides in July. The first was a seacoast ride of about 23 miles from Hampton NH to Portsmouth NH on July 4. Although the weather was initially threatening, it improved during the day and a nice ride ended in wonderful sunshine.

The second ride took place on July 15 on the Windham NH Rail Trail and was led by John Pilla. This turned out to be a special ride for two reasons. First, we had the rare pleasure of spotting a Great Blue Heron standing on the edge of a pond less than 25 yards from the bike trail waiting patiently for lunch to swim past. Second, although temperatures topped 95 degrees, everyone agreed the ride was quite pleasant as we were in the shade about 75% of the time. This confirmed for all the riders that rail trails are the place to be in hot weather.

RIDES COMING UP:

**SEPT 8** (Saturday): Hampton Seafood Fest. 25 miles on Rte 1 from Salisbury MA to Rye Harbor NH.

**OCT. 6 & 7** (Columbus Day Weekend): This ride will be on the Northern Trail from Franklin NH to Lebanon NH, a distance of about 50 miles. We will ride 25 miles each day and stay overnight at Cardigan Lodge. You must reserve your bunk at Cardigan Lodge for Saturday night before Sept 6. The Northern Trail is hard packed and suitable for hybrid, touring, or mountain bikes.

We will also offer Ride Leader Training on Sunday morning Oct. 7 at 8:30 AM at Cardigan Lodge, to be followed by the second day of the ride.

Also, Herb Kingsbury is organizing a pair of Tuesday rides in September:

**SEPT 11:** Southern NH 25 miles through Newmarket, Nottingham and Epping; all on roads.

**SEPT 25:** Maine Seacoast, 35 miles; all on roads.

Contact Herb at Herbkings@hotmail.com for details.

Support the NH Chapter! Buy Fleece

*It’s Always Fleece Season! Let your love for the NH AMC keep you warm!*

Check-out our cozy NH Chapter fleece jackets, pullovers, and vests. All three come in 200 weight polar fleece, dark green, with the NH Chapter logo.

Quantities of some sizes are limited, so be sure and order now!

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Plus $7.00 for Shipping & Handling.

Note: AMC Leaders get a $5.00 discount!

Order on line at http://amc-nb.org/store/index.php

For more information contact Paul Berry, 603-423 1192 (before 9 p.m.) or paulberryamcnh@aol.com.
We’re adding wildflowers to the website! Along with ferns, mosses, lichens, trees, birds, fungi, alpine flora... and homo sapiens.

To enrich our outdoor experience, we’re building galleries and guides of plants and birds of New Hampshire. The guides are both to show-off their beauty and to help in identifying these plants and birds. When you are climbing, hiking, or paddling stop for a minute and take a close look at what is around you. You’ll be amazed if you look closely enough.

**Symphyotrichum novae-angliae, the New England Aster**

**ALPINE FLORA**

One special guide that we hope to build out is Alpine Flora of NH. The summits of the Presidential Range are home to a unique collection of plants surviving in the “worst weather in the world.” They have special adaptations. With the help of our readers, we hope to develop a complete catalog of those plants through the seasons. Collectively, we have huge resources to get this done. Please submit your photos...in this case, don’t leave tracks.

**HOMO SAPIENS**

These guides introduce a very special subspecies of Homo sapiens, the ones who lead trips for the AMC-NH Chapter. These are cataloged under the various activity committees. Each is welcoming you to join them on a trip. Here you can find out just a little more about each leader. Some have even included a gallery showing them in action or some of the wonderful photos they have taken. We encourage all leaders to participate.

**NH-Chapter Website Photo Contest**

We are pleased to announce the NH-Chapter Website Photo Contest. The contest is designed to encourage everyone who enjoys the outdoors to become even more interested and appreciative of their surroundings by bringing their camera on their activities and stopping occasionally to examine what is there. In addition, the contest will help build the Chapter website by making it welcoming, dynamic, interesting, and informative thanks to the photos and illustrated stories/articles contributed by you, our members.

Four prizes will be awarded, with each winner receiving a New Hampshire Chapter fleece.

**Prize 1: Best Overall picture for the website**

**Prize 2: Best Plant or Bird Identification photo**

**Prize 3: Best Leader Introduction and Photo Gallery**

**Prize 4: Best illustrated story of AMC-NH in action**

Winners will be announced at the AMC-NH Chapter Annual Meeting, November 10, 2012.

All photos submitted are intended to be used on the AMC-NH.ORG website and in AMC-NH Chapter publications such as Mt. Passages.

**Contest Rules:**
- All photos are to be submitted to the webmaster electronically in JPEG or TIFF format.
- All photos must include the location and date of the photo.
- Winners will be announced at the AMC-NH Chapter Annual Meeting, November 10, 2012.
- All photos are intended to be used on the AMC-NH.ORG website and in AMC-NH Chapter publications such as Mt. Passages.

Bethlehem, NH – 603.444.2928 ext. 26 – www.whitemountain.org
AMC NH Chapter Winter School

Two identical weekends Jan. 18-20, 2013 or Feb. 24-24, 2013

These weekend workshops offer instruction in winter mountain travel to backcountry skiers and snowshoers of all levels. Between the seven available classes, almost every aspect of winter backcountry travel is covered. The weekend is filled with instruction, field exercises, lectures and discussions. There is also plenty of great food to fuel you back up!

Not sure which class is right for you? Just ask our Workshop Directors. Come to one weekend or both.

The schools begin at 7:30 pm on Friday and end at 4:00 pm Sunday.

For more information and an application, visit www.amc-nh.org and register online at http://AMC_registration.ccntr.org, or download and print the application and mail it with a business-sized SASE and your phone number to the Registrar (include a check made out to AMC NH Chapter). You must be 18 years or older to attend.

INTRO WINTER WILDERNESS TRAVEL

Instruction: snowshoeing, route finding (map & compass), mountain safety, clothing & equipment, nutrition. For individuals with some 3-season experience but limited winter experience. Anticipate snowshoeing up to 3 miles at a slow pace with some uphill grades.

INTERMEDIATE SNOWSHOEING:

Instruction: mountain safety, clothing, equipment, nutrition, trip planning, snowshoeing and map and compass. For individuals with some experience who would like more winter activities. Snowshoeing as much as 5 miles at a medium pace with some uphill grades.

WINTER LEADERSHIP TRAINING

For those who have mastered the basics of winter hiking. Features exercises in planning, organizing and expediting a trip, emphasizing leadership techniques and group dynamics. Review of the basics: navigation and risk management, weather conditions, off-trail navigation, medical considerations and off-trail navigation. This class is also for people with the potential and desire to become trip Leaders for the NH Chapter Excursions Committee. Proficiency on snowshoes is a pre-requisite.

ADVANCED WINTER WILDERNESS TRAVEL

Instruction in winter travel on steep terrain and above treeline. Subjects covered include snowshoeing on mountain terrain, use of crampons, dressing for extreme weather conditions, off-trail navigation and risk management. Intended for individuals with winter experience in the outdoors interested in climbing NE mountains safely. Anticipate hiking 6+ miles at moderate/fast pace, steep terrain, and significant exposure to wind.

INTRODUCTION TO WINTER BACKPACKING

For those who have mastered the basics of three-season backpacking skills. Instruction in general winter mountain safety, snowshoeing, equipment, proper campsite selection and setup, cooking, trail finding, map and compass, off-trail navigation, weather, trip planning, nutrition, emergency situations. Students will need winter clothing, a -20° or lower sleeping bag, and foam pad. Tents may be provided if needed. Group will participate in indoor lectures and evening programs, sleeping outside Friday back packing to a second location and camping out Saturday night and preparing some meals outdoors.

WINTER BACKPACKING INTRODUCTION TO

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DOWN MOUNTAIN BACKCOUNTRY SKIING

For the down mountain skier who wants to jump the gap from the lift served area and “side” country to the backcountry. This is not a learn to telemark clinic but how to apply your front-country lift served skills to the backcountry on down mountain terrain. Strategies for skiing on back-country terrain in New England “Powdah” will be reviewed. Be prepared to spend 4 to 6 hours per day outside on skis and to ski with a pack on down mountain trails. This is not just for telemark skiers, backcountry skills and strategies for the AT skier will also be reviewed.

BACKCOUNTRY SKI TOURING 101

Learn how to explore the winter back woods on skis. We will cover how to travel efficiently on ungroomed trails over rolling terrain and how to control speed by turning and stopping on modest hills. And we will address general back-country safety. Expect to be outdoors playing in the snow on skis for 3-4 hours each day and ski 2-4 miles. Be prepared to ski with a day pack.

INTERMEDIATE BACKCOUNTRY SKI TOURING

Spend the day in the woods improving your turning, stopping, climbing, trip planning and navigation skills. We’ll be outdoors for about 5 hours each day skiing and learning on varied terrain with full packpaks.

Register on line at http://AMC_registration.ccntr.org

DATE(S): January 19, 2013 - January 21, 2013 (Fri - Sun)

FEE: Adult Member: $140.00
    Adult Non-Member: $160.00

LOCATION: AMC Cardigan Lodge, New Hampshire, NH

DIFFICULTY: moderate

REGISTRAR: Rick Desmarais

LEADER: Rick Silverberg

(603) 225-5921 (best time to call: 7:00-10:00 pm) synergygc@aol.com

LEADER: Bob Humphrey

(603) 456-3708 (best time to call: 7:00-10:00 pm)
the photograph.

The photographer maintains the copyright to the photo and by submitting the photo grants the AMC-NH Chapter the right to use it.

All photos considered for the contest must be taken in New Hampshire or on AMC-NH Chapter trips. (see website for exceptions.)

Submissions must be received by November 1, 2012

* Additional details are on the website: http://amc-nh.org/chapter/webmaster/photocontest.php

NH Chapter Annual Winter Hiking Series

The New Hampshire Chapter Education Committee presents the 13th annual Winter Hiking Series (WHS). This series is designed for EXPERIENCED 3 Season hikers who want to advance into the winter season. Applicants are expected to have:

- Climbed a number of the New England Four Thousand Footers, or their equivalent
- Have considerable experience in the White Mountains of NH

We will teach the basics of safe winter travel and give you informed choices for winter gear. Topics include: gear, body heat management, energy management, foot wear, (boots/crampons/snowshoes) nutrition, winter clothing, (layering) and other topics. Details include:

- Dates: October 20, 21 and various weekends through December 22
- Cost: $75 for AMC members, $85 for non-members

For more information, please contact the chapter Excursions committee at: excursionsnh@amc-nh.org

AMC-NH Annual Meeting

Pheasant Ridge Country Club • 140 Country Club Road, Gilford, NH

5 PM SOCIAL HOUR (cash bar and appetizers)
6 PM DINNER FOLLOWED BY OUR BUSINESS MEETING AND OUR PROGRAM

MENU: Tossed Garden Salad; Vegetable and Three-Cheese Lasagna, Baked Atlantic Haddock, Slow Roasted Prime Rib: Oven Browned Baby Potatoes, Green Beans with Almonds and Garlic Butter: Warm Brownie Sundae with Ice Cream and Hot Fudge Sauce. (Vegetarian plate available only upon advance request – see registration form)

DIRECTIONS: Take I-93 to Exit 20. Go East on Rte’s. 3 & 11. Just before coming to Laconia, make a right turn to stay on Rte. 11 (Laconia by-pass). Take Rte. 11A East. Take first right onto Country Club Rd. Proceed for approx. 1-mi. Facility is on the left.

For questions or additional information, call Patty Anderson, Hospitality Co-Chair at 603-432-4647 before 9 pm or email hospitality@amc-nh.org

REGISTRATION FORM

Guest Speaker AMC President John Judge • Saturday, November 10, 2012 • $29 Members; $34 Non-members

Name__________________________________________Ph#__________________________________________

Email__________________________________________

Name__________________________________________Ph#__________________________________________

Email__________________________________________

Number of vegetarian meals requested________

Total enclosed $__________________________

Please send registration form and your check payable to AMC-NH Chapter to:

Patty Anderson, One Warner Hill Rd. Derry, NH 03038

All registrations must be received by Saturday, October 28, 2012 • You will not receive a confirmation.
Be a Power for Change

**MBA in Sustainability.**
This MBA will give you the business skills needed in a changing world. Our next economy will be forged by progressive leaders skilled in balancing the triple bottom line of people, planet and profit. Train to be one of those leaders through our flexible MBA program with one year or two year options.

**Advocacy for Social Justice and Sustainability.**
Bring your passion for a better world to AUNE, where you’ll learn how to be an activist and grass-roots organizer in this environmental studies master’s program. You’ll collaborate with faculty and other students who, like you, are committed to working toward a just and sustainable future.

Visit our website to learn more about these innovative programs.

Because the world needs you now.

Keene, New Hampshire
800.552.8380
www.antiochne.edu